

Case Study 2: Sister Muku

Brother Emile and Sister Jane Muku joined the Church two years ago. They are the parents of three children: two girls, Alison (age 12) and Olivia (age 3), and a boy, Daniel (age 8). They were preparing to go to the temple. However, about a year ago Brother Muku died in an accident.

Sister Muku received no insurance compensation when her husband died, and she receives no government assistance. She sews to support the family. Sister Muku and the children have not attended any Church meetings since Brother Muku's death. Their attitude towards the Church and its members remains good.

The family has the following needs and resources:

Food

Four cups of flour, one small baguette of bread, one cup of sugar, and a small amount of cooking oil are in the house. The average cost of a meal for the family is 100 pesos. The family eats only about one meal a day.

Clothing

Sister Muku and the children have no suitable clothing. The children's shoes are badly worn.

Housing

The family rents a small one-room home. Monthly rent is 5,000 pesos. They have only a few furnishings in the home. The children sleep on the floor. There is available land for a small family garden.

Utilities

Monthly electricity and water expenses usually total 750 pesos. However, the family has not been able to afford them for several months. There is a public water source available about one kilometer away.

Transportation

The family does not own any means of transportation. Public transportation is available. A one-way fare to any location in town is 25 pesos.

Income

Sister Muku earns about 7,000 pesos per month sewing for others using a hand-powered sewing machine. If she had a newer, heavy-duty electric sewing machine, she could take in more sewing and double her income. Such a machine costs 20,000 pesos. She would also need electricity in her home.

Other Family Members

Sister Muku's extended family has been very hostile towards her family since she joined the Church. She doubts they would help. Brother Muku's only living family member, a brother, could probably help a little bit, but Sister Muku has hesitated to ask him for help.

Case Study 2 Example

<p style="text-align: center;">THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS</p>	<p>Needs and Resources Analysis</p>	<p>Self-Reliance Plan</p>
<p>Name of member Jane Muku</p>		
<p>Address</p>		<p>Telephone None</p>
<p>Ward Bambata Ward</p>	<p>Stake San Rafael Stake</p>	
<p>Where employed Self-employed</p>	<p>Occupation Seamstress</p>	<p>Telephone None</p>
<p>Names and ages of dependent family members Alison (12 years old), Olivia (3 years old), Daniel (8 years old)</p>		
<p>Instructions</p> <p>The bishop helps the individual with immediate needs as the ward welfare committee, including the priesthood quorum and Relief Society leaders, assists with a plan leading to self-reliance.</p> <ol style="list-style-type: none"> 1. Determine individual and family needs. 2. Identify individual, family, Church, and other resources. 3. Help the member develop a self-reliance plan. 4. Make work assignments so the recipient can work to the extent of his or her ability. 		
<p>Immediate Needs</p> <p>Determine with the member his or her immediate needs. Needs should be listed below and may include: food, clothing, and housing; money for medical or utility bills; or other needs.</p> <p>Food</p> <p>Clothing and shoes for Sister Muku and the children</p> <p>Rent: 5,000 pesos monthly</p> <p>Utilities: 750 pesos monthly</p>	<p>Resources to Meet Immediate Needs</p> <p>Resources from individual, family, ward welfare committee, other Church resources, and community.</p> <ol style="list-style-type: none"> 1. Individual resources <ul style="list-style-type: none"> 4 cups of flour, 1 small baguette of bread, 1 cup of sugar, small amount of cooking oil 7,000 pesos monthly income from her sewing business A small plot of land for a family garden 2. Family members and how they can help (parents, children, siblings, others) <ul style="list-style-type: none"> Sister Muku's brother-in-law may help a little (Sister Muku or bishop to contact him). Sister Muku's extended family has been very hostile since she joined the Church (bishop to contact her extended family). 3. Other resources and how they can help <ul style="list-style-type: none"> Relief Society president to make a family needs visit to complete an order for commodities and determine other immediate needs. Fast offering assistance for clothing and shoes. Sister Muku will use her sewing income to pay rent. Two weeks' food from the local bishops' storehouse or purchased from fast offerings to meet immediate needs. 	
<p style="font-size: small;">Complete reverse side of this form 5/00. Printed in the USA. 32290</p>		

Self-Reliance Needs	Plan to Meet Self-Reliance Needs
<p>Determine with the member what is needed to become self-reliant. Needs should be listed below and may include housing, employment, job training, education, and so on.</p> <p>Increased, permanent income for the family by strengthening Sister Muku's small sewing business. A newer sewing machine, small business training courses.</p> <p>Utilities and a better home with furnishings.</p> <p>Better clothes for family. This could include material and supplies so that Sister Muku could make them.</p> <p>Help in planning and planting a family garden to supplement their diet.</p> <p>Savings and home storage.</p> <p>Education for the children.</p>	<p>Determine with the member a self-reliance plan which includes how to obtain needed resources and timelines.</p> <p>With the help of the ward employment specialist, Sister Muku will contact the local Church employment resource center for assistance. She will enroll in the employment resource center's Self-Employment Workshop and begin work to strengthen her sewing business. This may include obtaining a microcredit loan to buy a new sewing machine, pay for utilities, and buy material and supplies. She will visit the employment resource center this week.</p> <p>The family of Sister Muku's brother-in-law will provide child care for the youngest child to allow Sister Muku to attend training and work uninterrupted at her business.</p> <p>Sister Muku's visiting teachers will work with her to plan and plant a small family garden in the next two weeks. The two older children will care for the garden. The bishop will use fast offerings to buy seed.</p> <p>As Sister Muku's income increases, she will make plans to obtain better clothing, housing, and schooling for her children. She will also begin saving small amounts of money for the future.</p> <p>The bishop may continue to provide food assistance until the family's income increases sufficiently.</p> <p>Sister Muku will meet regularly with her home teachers and the elders quorum president so that they can review her progress and offer priesthood support, blessings, and guidance as needed.</p>

Work or Service to Be Performed Note below the assignments accepted by family members to work to the extent of their abilities for commodities or services received.

1. Sister Muku will visit the Church employment resource center, attend the Self-Employment Workshop, and take the necessary steps to improve her small business.
2. Sister Muku will sew clothing for other needy members of the ward using materials purchased by the bishop with fast offerings.
3. The two older children will care for the family garden.

In addition to the above, Sister Muku and her family will strengthen themselves spiritually by:

- Attending church regularly.
- Having regular family scripture study, family prayer, and family home evening.

Signatures

Signature of member	Date	Signature of bishop	Date
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Note: The terms *bishop* and *ward* on this form refer also to branch president and branch.